PERCEPTION OF PARENTS ABOUT THEIR ROLE TO ENHANCE FREEDOM OF EXPRESSION OF THEIR CHILDREN AT ECD LEVEL

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ABSTRACT

The purpose of this study was to explore the perception of parents about their role in enhancing the freedom of expression of their children at ECD level. The study was conducted in Gilgit city situated in the Northern part of Pakistan. The researcher used semi-structured interviews as data collection tool within qualitative paradigm. Semi-structured interviewed enabled the researchers in capturing qualitative experience, opinion, beliefs and perceptions of purposefully selected four research participants. The data were analyzed using thematic analysis approach and emerging themes were recorded. The findings confirmed that if parents focused on enhancing their children' freedom of expression in early ages, they can better develop children' complex dimensions of development such as moving, thinking, feeling and interacting with people and objects in their environment. Whereas parents who do not allow children to express their ideas and feelings they become less confident and perform low. The study recommended that parents should play an active role in developing their children's freedom of expression at early ages by creating a friendly environment at home.
Keywords: *parents' perception, freedom of expression, ECD level, Gilgit-Baltistan*

INTRODUCTION

Education is the basic requirement of humanity in the world, but ECD is a very important component of education. Early childhood starts from birth to eight years 'Development' refers to the process in which a child learns to master more and more difficult levels of moving, thinking, feeling and interacting with their parents or other caregivers and objects in the surrounding (Lasi, *et al*., 2007).

Freedom of expression is a basic right. It behaves as a task in children's healthy development method. Newborns have only a limited list of feeling signals, as the infant grows, they will show clear expressions of joy, surprise, interest, sadness, anger, respect, and physical pain in practical environments. (Dunn, *et al.,* 1987).

The child-centered education makes a standard hypothesis concerning young children's talents to interact in free alternative and free play activities, and to profit from the distinctive opportunities that play permits for his or her learning and development, socialization, and creative capabilities. (Wood, 2014).

Relationship with parents and siblings, treatment and training obtained at home highly influence children's attitude toward outsiders, elderly and others. The family environment makes children better for social adaptation. They are socially

active and extroverted. Children get their first basic experience from their families. Thus, it is the parents and family adults who should supply their kids with happy experiences and boost (Ahmad, 2002).

Statment of the problem

Early Childhood Development is an emerging concept that highly influenced both public and private sectors in the developing and the developed world. However, the concept of development is very broad and parents are considered to be the most important players in this regard. The parent's role is to take care of the natural growth processes by providing children with learning opportunities within an environment that is enriching, encouraging, enabling and nurturing. The family might be responsible for differences in children's personality as well as cognitive development (Bing, 1963).

In the context of GB, most of the parents appears to be unaware of these emerging new yet challenging roles and could not help their children, to the extent required, to express freely at their home during their early ages.

Moreover, one of the problems that parents, in GB, appear to face is providing productive time to their children which could encourage them to share their ideas with them at home. The parents do not provide them free environment where they express their ideas, share their wants and feelings. In this situation we need to understand how behaviours such as freedom of expression are developed in children at ECD level. This study is an attempt to explore the perception of parents about their role to enhance freedom of expression of their children at ECD level.

Research questions

1. What is the perception of parents about freedom of expression?
2. Why freedom of expression is important for learning of children?
3. How do parents play their role to raise freedom of expression at early ages?
4. What are the challenges that parents face to develop a culture of sharing ideas at home freely?

Purpose of the study

The aim of this study is to explore the perception of parents about their role in developing freedom of expression at early ages of children. It also aims to highlight the importance of freedom at ECD level. The researcher explored, how parents promote a culture at home that either help children to express their ideas or restrict them to express in front of others. In so doing the researcher know the challenges which the parents face at their home during the early ages of their children. The ferocity of this right how it involves students learning. Moreover, to know about when freedom is presented to a child, how it helps to prepare the learning capacities of children in ECD.

Literature review

This part discusses literature review on the perception of parents about their role to enhance freedom of expression of their children at early age. This chapter leads different concepts related freedom of expression and it consist of different topics; general concept of freedom of expression, importance of early childhood, the important of freedom of expression for student learning, role of parents to arise freedom of expression and the challenges that parents face to develop a culture of sharing ideas at home freely.

Behavioral development of children is strongly affiliated with the way of acting and behaving of their parents. The democratic or authoritative parents develop their children's behavior in a good manner then others (Obaid et al, 2021).

Freedom of thought and expression is everyone's basic right. This right contains freedom to hold ideas without interfering and to find take and communicate information with the help of any media and irrespective of frontiers (United Nations, 1948; Gillett-swan & sergeant, 2018).

Participatory and communication are the most important rights of a child's. Convention on the Right of the Child (CRC) insists that children are giving a special care and help, further explanation of their interesting conditions in understanding their human right is fundamental (Gillett-Swan & Sergeant, 2018).

Important of early childhood development

A Child's early years are seriously necessary, for they provide the base for the remainder of the individual's lifespan, both as an immature person and as a child. It is a unique opportunity period for every individual where they undergo significant social (relating to others), rational (thinking and logical thinking), emotional (self-image and security) and physical development (Lasi, *et al*., 2007). According to Hameed and Sadruddin (2014) children require proper attention, love and care, secure learning environment. Early period of life gives extraordinary opportunities to cultivate social behavior and foster emotional growth of children.

Freedom of expression

Freedom of thought and expression is everyone's basic right. This right contains freedom to hold ideas without interfering and to find take and communicate information with the help of any media and irrespective of frontiers (United Nations, 1948; Gillett-swan & sergeant, 2018).

Freedom of expression is the power or right to act, speak, or think as one wants without limitation or interference, and the absence of a despotic government. The children have right to express freely, get education, participate in everyday life activities etc. (Wang, *et al*., 2018). The right to express opinion and have them considered important is an amazing asset through which to challenge conditions of violence, insult, danger, bad form or unfairness (Lansdown, 2011).

It is essential to provide children some opportunities where the practically show their thoughts in action processes. Children voice such as:

• Expressing feelings and take decisions;

• Sharing thoughts regarding skills and requirements;

• Showing data by noting, work, confirming, and opposing;

• Planning to pick up something identified with/to the detriment of others (Tertoolen, *et al*., 2017).

The Importance of Freedom of Expression for Student Learning

We live in a modern and quality era, where people like to have products and services of the highest quality. Thus we have a tendency to don't push the eye of quality education in ECD level. Quality means to teach effectively student's that's conforming the well-organized production of predefined, normative outcomes, development or simple learning goals (Moss & Pence 2013).

Children are able to communicate their emotional states and to regulate their emotional environment through a multitude of vocal, facial and bodily expressions. In light of this knowledge, we took children's expressions and actions as a starting point and explored the interactions through which children negotiate and construct their belonging within the social and material surroundings of a day care center. In doing so, we paid attention to both children's membership and their feelings related to a sense of belonging (Salonen, *et al*., 2016).

According to World Health Organization (2003) the parents influence children, help them to become socially, emotionally and productive member of the society. Providing attention to their children school activities like encouraging homework, co-operate them, to express their school issues, encouraging their achievements which develop their learning affectively. Positive support of parents can foster high level development of children self -confidence and self-esteem. Education prepares the children for accountable life in a very free society, in the soul of comprehension, tolerance, peace, balance of genders and friendship among all people (Nthontho, 2017).

Communication is a central right of human being. Communication with children is very important but now days there become a diminished ability to communicate learn and interact with others. So it effects on student lower education and social emotional outcomes. Student didn't feel pleasure in school, poorer friend relations, and progressively behavior issues become appear when comparing with normally development peers (Wang, *et al.*, 2018).

Home schools provide a safe setting for their children where parents teach them about

education, social and religious. Very little thought is essential regarding why self-teach parents continue active home based education, however associated challenges are overcome, and what resources and techniques are wont to network with alternative home school groups. More inside and out investigations are expected to see how self-teaching guardians develop and support the learning condition for their kids. Children will grow academically and socially in an exceedingly safe environment. Now a day parents are more interested to educational changes where they motivate their children out of traditional types of education. Creating learning environment and use innovation to best prepare their children for academic and social achievement (Sabol, 2018).

Parents declare that educational institutions are lack of ethical information so parents trust they can all the more successfully direct their children and model acceptable behaviors in their home. Physical exercise and sports are a way to develop friendship and move children active in a social setting. Home loving environment is of course a lot of nurturing and effects than school environment which controlled and impact children (Sabol, 2018).

Role of parents to enhance children's freedom of expression

Emotions of children are socialized during pre-school age. Father's positive emotions develop positively expressive behavior of child. Parents play a magnificent role in the emotional development of their children. Children's positive emotions are associated with the positive behavior of their parents (Gerhardt et al. 2020).

Child participation is progressing forms that embrace information sharing and discussion are done between children and adults supported mutual respect. Positive involvement will enhance children confidence, skills and express their views. Participation can bolster shared learning of children and others in procedures and makes children clear outside traditional private circles of the family and organizations, including schools (Collins, 2017).

Parents tell their child to tell what the thinking and feeling (Tobin, 1995).Socialization process starts in the early ages. Children learn to speak and socialize through verbal and nonverbal actions with their parents. Parents find and perceiving feelings of the children and monitor their feeling of socialization. Talking about their significance with them, showing emotion performance, including expression and create domestic emotional environment at the home (Ahmetoglu, *et al.,* 2018).

Emotional development is multiple procedures that are interactional, including personality and environment elements.

A baby feelings are very limited, which through concentration or peacefulness. New born babies always want their parent's concentration so through carrying the babies express their feeling. With the passage of time children built up an entire scope of feelings. Expressions of feelings are depending on the environment factors. These factors incorporate parents care; companionships of siblings or friends, education and social media (Sharp, 2014).

At home providing children with different opportunities to participate are the most effective ways of encouraging them to believe in themselves, to gain confidence, and to learn how to negotiate decision-making with other people. Giving open doors for innovative types of expression, for example, craftsmanship, show, narrating, play, poetry, music, puppetry and other social exercises can assume an imperative job in mending forms (Lansdown, 2011).

One necessary part of a parent's way to deal with providing care is parental self- viability. They have the power to impact the child and also the environment in ways in which can foster the child's improvement and talents to flourish (Caldwell, *et al.,* 2011).

Through emotional modeling domestic members socialize their children and the child copies their caregiver's actions (Denham, *et al*., 2014).

Children need love and counseling from parents, so a good parenting style is that parents have to keep eyes on their children, love and respect them. With effective communication and relationship parents teach their children all the rules and regulation to assure freedom. Despite the fact that this child rearing style encourages open-minded personality, parents can utilize control and apply firm control on the child with

non-hesitation. As such, the effort of control and utilization of intensity is to set benchmarks for the children future conduct and to assure that the child would not depend on wrong behaviors (Sarwar, 2016).

Challenges that parents face to develop a develop a culture of sharing ideas at home freely

Now a day the parents are becoming aware of that how to treat with children and their freedom of expression can enable children right to arise. In some contexts, mostly children face behavioral desire, distrust and fear action problem when communicating that is when to talk and for to what extent. That is because absence of space for freedom of expression at home and other social place (Gillett-Swan &Sergeant, 2018).

Working mothers can't give quality time to their youngsters because of outstanding task at hand when contrasted with homemakers. Developmental years leave the sign at the forefront of kids' thoughts and those engravings stay with them for the duration of their lives (Sewani, 2012).

Physical punishment

Physical punishment blocks learning and causes irreparable psychological harm, trust and self-respect. Physical punishment has negative emotional impact. It can have depression, anxiousness, and other emotional troubles. Those who were stuck in their childhood were a lot of liable to suicide, violence against others and criminal action. This indicates that physical punishment doesn't only hurt a child's body however additionally it causes mental torment and harms the entire identity of a child (Murtaza, 2011).

Lack of time and attention

Deficient time, absence of quality education, fights among a couple and moms' pressure and disappointment affect children emotional improvement as far as absence of confidence, trust, unwillingness, separation from their environment and dislike. Working moms can't give quality time to their youngsters because of outstanding tasks at hand when contrasted with homemakers (Sewani, 2012).

Families with a lower financial status

Lower financial position parents ignore their children negative feelings and directly punishing them. This methodology adversely affected the children independent, psychosocial, and physical improvement (Ahmetoglu, *et al*., 2018).

A parent with poor income affects the lack and negative interaction with their children which thus influence the children reaction to others. Poverty brings limitation of the children emotional, social and educational opportunity (Mayer, 2002).

Stress and Frustration

Early age child is immature and passive. A depressed mother left a child alone and unresponsive. When the child is a few years of age, he or she is poor in communication and mental development (Mayer, 2002).

Research methodology

The researcher used qualitative research method to conduct the research. The purpose of selecting this research methodology is that in qualitative research method data is analyzed through descriptions, statements and discussions in systematic way, which helps to explore the topic.

Research design

Due to the nature of this study the researcher used case study method to conduct the study because according to McLeod (2008) case studies are deep studied of a lone individual cluster society. In case studies information's are collected from assortment of source and by using numerous various. Case study method is used to conduct a research and to design the nature of this study is to explore the perceptions parents; therefore, for an in-depth study, the researcher employed case study design.

Research sample

Sampling is the process, act and technique of selecting a suitable, and or a representative part of the whole population from which the sample is taken. The purpose of selecting a particular sample is to determining parameters or characteristics of the whole population (Mugo, 2002). The researcher selected a purposive

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sampling technique to select the research participants.

Participants of the study

The participants of the study were informed and provided them consent letters about the nature and purpose of the study. Moreover, the research participants were informed and requested to give their consent for interview. The confidentiality of the information was discussed. So two educated and two uneducated parents were interviewed for the present study and recorded the interview on tape recorder and researcher took field notes.

Data collection tool

For data collection, the selection of appropriate tool is very crucial which must be in line with the nature of research and the context where the study takes place. For this, semi-sstructured interviews were used as key tool for data collection.

Data analysis

During the field work, a researcher was organizing the data according to the interview done by the parents. Then the researcher wrote down the interviewed data on paper. The data was being sorted out that relate to the study, then investigator round about the data. Coding it, a researcher was reread to take out themes and at least was be ongoing wrote the themes.

Perception of parents about freedom of expression

Freedom of expression is the power or right to act, speak, or think as one wants without limitation and interference. The rights of children are to freedom of expression, education, participation in life activities and fulfillment their other rights. Language, communication and speech support to gain these rights (Wang, *et al*., 2018).

The research participants, Nasrin and Akash shared their point of view in these words,

Freedom of expression means giving an environment where children freely express their ideas, wants, think, act and feelings without any fear. ECD children are scientist they explore everything by their own, trying to do things several times. As a parent we think that they injured themselves and we pamper them so that is

the reason they do not express their self. Children are seating in a natural setting and grown up. Parents must be keeping in mind that to provide a safe environment and allow them to do those things which they want in a limited setting (interview, February 15, 2019).

On my further probing parent Waqar shared his ideas as,

Every person has their own diverse range of ideas, fillings and emotions. It is a human nature, in early or above age, they want to express their ideas and emotions to convey it to another. Suppose there is a little baby he wants to feed and through wiping he express his filling. This is expression it is the right of children and it should be provided to them (Interview, February16, 2019).

Similarly, another participant expressed her views in these words,

For children freedom of expression means creating an environment where they freely communicate his/her on opinion and ideas and share information in whatever form. As a parent I give very friendly environment to my children where they can express their views very freely. For example, I support them you can play …encourage them. Freedom of expression makes them confidence, sense of responsible and how to become a good citizen in the society that is my wishes my children become grown up at this level. Everything is the limited, control and balance concept is very nice I always follow that ways that is my children positive express reason (Interview, February 17, 2019).

The other way is a person who can share his feeling freely or he thinks that I have a right to speak, talk and ask. Freedom of expression in early year of a child that is freedom of movement, thought, speak and talk. Parents create such type of environment where the communication with their children because they want to their children to be a part of nurturing and learning environment where given many opportunities for growth. Educated parents are well aware of freedom of expression and more involved in their children activities as compare to illiterate parents.

Importance of freedom of expression for children learning at ECD level

The research participant, Mubashir shared his point of view in these words,

Expressing ideas is the main way for children to gain more and more knowledge because whatever they have learned from different resources, they want to express those things with others. Children learn by observing, listening, exploring, experimenting and asking questions. We should appreciate them whatever the learned. At ECD level parents should involve in their children activities whatever they children express on that time. They children get an encouragement from their parent at that point their learning level increase. (Interview, February 16, 2019).

Similarly, another participant Ali said that, at ECD level 70% of children brain developed. This stage itself is very crucial, from birth to eight year children learn several languages and any kind of skills which parents give to their children they can easily learn that. Giving freedom of expression or making them independent then that thing help them over all the life. For example, my children speak in Chines, English and using new words which is out of their level. They learn from different environment like friends, family and school, so freedom environment is very important for children (Interview, February15, 2019).

Some extend this participant views are similar to what the literature is talking about during the pre-school years the brain and nervous system grows rapidly and at six years, it attains 90% of its adult size. Preschool period is the time when the child's social circle begins to develop and they spend major amounts of time with their parents, peers and teachers. They contain the sound philosophy of behavior (socialization and expression of emotions and opinions) and self-help skills. Language is a well-organized way of communicating thoughts and feelings. It includes all the skills that will help the child, to read, write and to give their ideas (Lasi, *et al*., 2007).

On my further probing parent Ulfat said that,

At ECD level children wants to do everything so freedom of expression help them to learn new things in their surroundings. Fulfill their needs, make them happy and encourage them to further exploring the world. Freedom of expression and environment are interred connected. Without environment we do not talk about freedom of expression because for express our self an environment is very important. At early age providing children them confidence become part of their habit. Later we don't need more advice, because they are already habited of that thing. Providing freedom of expression environment encourages them and they naturally do many things in early age (Interview, February 20, 2019).

This study found that the perception of the research participant supports the relevant literature on the concept of importance of freedom of expression for children learning at ECD level. Parents involvement in their children's education activities help them progress to their school performance. Listen to their children school issues and try to solve it.

On my further probing Ulfat expressed her ideas in this way, it is important that parent see their children study, what they are doing and learns new things. Like checked their copy, help them their homework, find out any academic issue and try to solve it.

Reflection on participant's views regarding the importance of freedom of expression for children learning, and looking at the existing literature, the researcher come to realize that the research participants have clear knowledge of the concept about the importance of freedom of expression for children at ECD level. The views of participants are similar with the literature review and this show that freedom of expression is important for ECD children because at ECD level, children are exploring themselves and it could be only possible when they interact with the world independently. When children are free to express they will be free from fear and can confidently share their experiences.

Role of parents to enhance freedom of expression

Research participant said that, as a parent we do different activities with their children which they want. Appreciate them during their activities then automatically it developed their mental level and also flourished their ideas.

Similarly, another participant Mukram shared his ideas in this way,

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When we go to store, we provided them such types of opportunities like they themselves bring the materials and say mama, papa we need this thing because they become more excited. We do not tell them to set the car and we bring. Even they choice our things like food and kitchen materials. From these things their confidence and express become enhance. Looking like that they are a part of that thing. We don't treat them as a child. We think they are a part of our self and equally responsible of family chores and everything (Interview, February 15, 2019).

After analyzing the views of research participants and literature, I conclude that parents are the role models for children and enhance their freedom of expression. Giving open doors for innovative types of articulation, for example, craftsmanship, show, narrating, play, verse, music, puppetry and other social exercises can assume an imperative job in mending forms.

On my further probing one of the research participants expressed his point of view in this way,

The main thing is that in the home, they parent's attitudes should be in a good meaner, if we create a fighting environment then they children grown up that environment. It is the responsibility of parents to create expressive environment for example they should not fight in front of their children, they should not abuse in front, not discuss other wrong views, so this is why some restrictions are needed which affects positive impact on children (Interview, February 20, 2019).

Literature also supports the view of the participant. Parents' positive reaction to their children's emotional expressions might support future emotional expression, impact their social and emotional skill. Parents' non supportive reactions to children's negative feelings effects future emotional expressions (Leerkes *et al*., 2009).

Similarly, another participant said that,

Parental involvement is basically positive impact on children freedom of expression. As a parent you don't always interfere because mostly we think that parental involvement means over parenting like you do not do this and that. Over parenting are not good, children understand that they are depending on their parents. They do not take any step without their parent. Must be involved at a certain level, fulfill their needs and wants then they take more interest in education or other activity. We say that children are natural scientist so let them to explore everything their self (Interview, February 17, 2019).

Reflection on participant's views regarding parental involvement in freedom of expression and looking at the existing literature, the researcher reached the conclusion that the participants have clear knowledge of the concept of parental involvement in freedom of expression. These views of parents are similar with what the literature describes and this show that parents play a role of motivation in children life. Parents do not impose their ideas on children, only need to make rules. Creating right kind of environment to help the child and avoid offering help directly because they children lose their confidence and feel bound. If parents controlled them or many restrictions, it creates problem. For example, a child crawls and walks without any one teaching him/her.

The Challenges that Parents Face to Develop a Culture of Sharing Ideas at Home Freely

The research participant, Waseem shared his views in these words,

Financial problems create some time because we live in a rental home, where things we purchase from the market. How to meet our children needs according to the new environment the era? Environment is also challenges for us because we are living in a diverse society, how to adjust in the society, my job duration is challenge because I never give them proper time to positive control on them (Interview, February16, 2019).

On my further probing Sameena said that,

When we are talking about freedom of expression, then the thing become bounce back us. Giving children full freedom of expression which becomes a part of their habit but when says "no" then they become protest. Looking our society over freedom of expression become a huge challenge for parents, if stop children from anything they take wrong steps which is happening in our society. As a father I always not say no to my children and then they know our

father doesn't say no and always love me. Environment is challenge for us (Interview, February 17, 2019).

On my further probing Sameena expressed their ideas in this way, at ECD level they development of children is very important because they learn a lot of things and knowledge. The mental level of children is high as compare to parent. The main reason is technology that's why imbalance in the society, generation gapes are creating.

Reflection on participant's views regarding the challenges that parents face to develop a culture of sharing ideas at home freely and looking at the existing literature, the researchers come to realize that the research participants have clear knowledge of the concept about the challenges that parents face to develop a culture of sharing ideas at home freely. This shows that there is line between freedom of expression and disrespect, as a parent it sometime difficult to maintain it. Mind level challenges and time issue, its effect their children. Children needs parents time but parent have no time this is the main issue. Parents are busy with their own activity at home and outside, they are not able to give time to their children properly.

Today children want more time to spent together; the lack of time is very challenging for working parents. Home and surrounding environment create problem. Parents make a habit of discussion everything at home and give family time. Should not highlight the negative things, not stop children to do anything just remind them the right and wrong ways. Involve with their children activities, encouragement is must every time for small thing to do. Good environment, encouragement, parent's involvement is the quality time.

Parents' role is very important to raise freedom of expression in early ages. Parents support children by helping plan a play and communicate about the rules. Tell the child what he/she can do and what not. Give them a space to grow and learn and express their personality. Parents listening their child and respond what they say. Consider their opinion, set boundaries and explain what is right and what is wrong. Encourage by giving them simple choices from an early age. That type of choice is limited freedom and lets them to explore their free well.

1.   Summary

The analysis of data obtained through the interviews relieved the role of parents to enhance freedom of expression of their children at ECD level. The research findings are under. The parents have a clear understanding about the concept of freedom of expression and have the knowledge about the importance of freedom of expression at ECD level. The data further reveals that the parents play their role to enhance freedom of expression of their children which support children positive development and learning at early age. The data reveals that freedom of expression improves children skills and abilities.

Conclusion

The main purpose of this study was to investigate the perception of parents about their role to enhance freedom of expression of their children at ECD level. The finding shows that, the majority of parents take freedom of expression is vital important for student's performance. That involves children to express their self well in the society. Parents seem that freedom of expression is necessary for their children holistic development.

Parents can play their role through different way, to cherish them, to appreciate their children and by providing the tools and materials for learning. Parents can be a good friend to their children and nicely, smoothly teach their children which can lead them to rise from early ages and onward. By giving they chance to share their views and encourage them to speak in front of parents and family. The children should be taught good habit that can lead the child to learn easily. Parents should focus on the children pros and cons strength and weakness that are how a parent can find ways to raise their children. Parents should talk to the teachers about the progress of their children at school level then things can get better at home.

Sometimes the societal barriers such as time issue, mental level, environment and illiterate parents are unaware of freedom of expression, so these

things do not let the parents to provide freedom of expression.

Recommendation

Since the finding of this research shows that freedom of expression is necessary for children at ECD level, parents should make sure that they give freedom of expression of their children. Children do best in an environment which is interesting and where the feel loved and safe. It appears that freedom of expression makes children active in learning, eliminate fear of participation in any activity, and enhance child-parent relationship.

Parents should aware about freedom of expression. Provide an environment where children can explore, learn new things, try new things, practice what they can do and talk about what they are doing and learning. Teach them to see, listen, think and ask question. Take knowledge how to deal the children and also aware about different motivational techniques. Parents must know what their children like and what they can do and to support their learning. Parents should not give punishment to their children. If parents punish the children at home, they lose their confidence as other internal abilities. The study recommends awareness programmers for both working and stay-at-home mothers based on children's emotional development especially focusing on the early years. Mothers should be in constant relationship with their children, they can help their children cope with their fears, and they can be advised not to use fear as a tool while raising their children and against behavioral problems. Mothers can be given that training on what developmental children can fear and how they should react in these fear situations. Parents should give good environment, make them responsible, allowed them to participate in co-curriculum activities and encourage them, celebrate their limited happiness. Parents must try to understand their children learning style and understanding level. So carefully give them freedom of expression at their mind level with love stop them everywhere need. Use technical ways say to no. Parents should spend some time with their children to play. Play allows children to practice skill again and again in their own time and develop ideas at their own pace.

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Interview guide

What do you mean by freedom of expression?

Why do you think freedom of expression is important for children at ECD level?

How freedom of expression helps children who are having a diverse range of abilities?

Do you develop an environment for your children at home that help them to express themselves freely?

In what ways such an environment can contribute children to share their feelings and experiences confidently?

How freedom of expression encourages children to enhance their learning at early age?

What type of materials do you provide to your children that enable them to express their ideas innovatively?

How such kind of activities can enhance their creativity and enhance their expressiveness?

Would you like to share your experience, if any, about providing freedom of expression and its effects on children?

In your view, how such kind of parental involvement of parents in children academic?

As a parent, do you think if you do not play such kind of role to enhance freedom of expression then what are its negative effects on your children?

Would you like to share your views about some of the positive impacts of parental involvement to enhance freedom of expression?

What are the challenges you face during providing freedom of expression to your children at home?